**Tokai University Study Abroad Program**

**Multidisciplinary Mid-Term Exchange Program 2026**

**(Spring Semester 2026)**

1. **Program Outline**

Since 2017, Tokai University’s launched a new type of exchange program aims to foster human resources capable of being globally active and developing educational and research forms of cooperation between Japanese and Russian universities. During the exchange program students have an opportunity to take different disciplines taught in English and Japanese languages but the multidisciplinary program is not language exchange program, so students must have English and Japanese language skills that are enough to take courses on them. However, students will be able to take some Japanese language courses as a bonus.

Please nominate total **five (5) or more** participant from National Research University “Higher School of Economics” (HSE) to the mid-term exchange program at Spring semester 2026 (duration: April-August). After the nomination, Tokai University will evaluate motivation and language skills of nominated participants and do the final selection of the candidates.

1. **Educational Plan**

Course load requirements are 12-16 credits for one (1) semester. Each participant is required to take at least 12 credit courses to maintain international student status in Tokai University. Please note that this program is different from language exchange program, that is why the students are required to take classes in proportion 40% Language – 60% Other. The course list will be available one month before the start of the semester. Each course is taught in either Japanese or English and falls under any of following four (4) categories:

* Japanese Language
* Japanese/International Studies
* Business/Management/Economics
* Life Care

1. **Period of stay**

-Start of Classes – April 2026 (dates will be announced later)

-End of Classes – August 2026 (dates will be announced later)

-Occupancy Period of the Dormitory – Mid-March – first decade of August

1. **Fee**

* Round-trip air ticket
* Accommodation (Please note the category “Dormitory”)
* Public Medical insurance fee (around 1,700 yen per month)
* Living expenses (around 30,000-60,000 yen per month)
* Commuting costs between campuses (if some classes are provided outside of Shonan Campus)

1. **Visa support and Accommodation**

* Visa support will be provided by Tokai University
* Accommodation (students can stay at dormitories)

1. **Dormitory**

Due to new earthquake safety regulations of Japan, Tokai University must change the place of accommodation for students from Spring semester 2026. New conditions for dormitories will be announced no later than December 2025.

Accommodation fee: Undecided

Estimated amount of fee: approximately 66,000-90,000 yen per month (amount might be changed).

1. **Eligibility criteria**

All applicants must meet the following criteria:

* Undergraduate students (Preferably Sophomore or above)
* Master program students (Approval for application of the faculty/program of the home university is mandatory. The content of the program will be the same as for undergraduates)
* Good English Proficiency (Preferably TOEFL IBT 70-80 or equivalent)
* Good Japanese Proficiency (Preferably JLPT Level 3 or higher)
* High motivation to participate in the program(priority is given to multidisciplinary aspects, not Japanese language or culture)

1. **Application procedure (Timeline must be decided by home institution)**
2. Application documents

Produced by student:

* Application Form
* Motivation Essay
* Copy of Certificate or score of English Proficiency test (recommended)
* Copy of Certificate or score of Japanese Proficiency test (recommended)
* Confirmation letter about Japanese language study history (for all students)[[1]](#endnote-1)
* Copy of Foreign Passport

Produced by University:

* Status Reference
* Academic Transcript for all Period of Education (with GPA calculation)
* Letter with the justification of the nomination of the student (please include “Evaluation criteria for interview”).

1. Submission (before October 11, 2025)

* All documents should be sent by the person in charge of the program from the partner university to Tokai University. Deadline is **October 11, 2025.**

1. **Selection Procedure**

Step 1) Application screening at home University (before October 11, 2025)

Application Form and Motivation Essay (must be written in English)

Step 2) Assessment of all documents and results at Tokai University   
 (October-November 2025)

Step 3) Japanese Proficiency Test (online) (October 2025)

Step 4) Announcement of results (December 2025)

1. **Results announcement**

Results of the final assessment will be sent to the home University.

After the results are announced, students must confirm their participation in the selected type of program.

1. **Contacts**

[studyabroad@hse.ru](mailto:studyabroad@hse.ru)

1. Please submit a letter from your home university or Japanese language teacher to certify that you have studied Japanese for a total of 150 astronomical hours or more (1 hour = 60 min) at educational institutions (college, high school, or Japanese language school). Please note that only contact hours must be included.

   \*Required information: Course Title・Period・Total Number of Astronomical Hours

   (Ex: Japanese Reading & Writing・2022 Spring・75 contact astronomical hours,

   Presentation in Japanese・2022 Fall・75 contact astronomical hours, ……

   TOTAL：150 contact astronomical hours) [↑](#endnote-ref-1)